

Daily reflections for Thy Kingdom Come 2021

Day 1 The Way

Reflection

Life can be really hard work.

At times we can feel lonely, afraid and uncertain about the future.

What helps you when you are struggling?

Who can you turn to, to help you find your way?

There is one person who is described as The Way.

His name is Jesus.

He provides a way to follow through all the circumstances of our lives.

Reach out to Him with your circumstances today.



Day 2 Finding Joy

Reflection

Finding joy is easy when things in life that are going well.

But how is joy found in difficult times?

What helps you to find joy in life when you face challenging circumstances?

It can be a great source of comfort and joy to know that Jesus,

the one who suffered greatly for all of us,

is with us in all the different circumstances of life.

Can you recognise the presence of Jesus in your life today?



Day 3 Thankful heart

Reflection

It's good to appreciate the things around us and

be thankful for those who we love, and those who help us every day.

Appreciating others and all they do can improve your outlook on life.

A thankful and grateful heart is a happier and more content heart.

Who and what are you thankful for?

Ultimately, every good thing in this world comes from God.

He is the Creator and provider of all good things.

Allow your heart to be filled with gratitude to God.



Day 4 Sorry

Reflection

We all have times each day when we do things that we are sorry for.

And there are also those times when we don't do things that we really should have done.

Sometimes the decisions we make can take us on a direction in life that is really unhealthy.

How do you get back on track?

Saying sorry for those wrong decisions is a good way to turn back to a healthier path.

God forgives and helps you to turn back onto the right path in life. What are you sorry for?

What do you want to turn away from? What do you want to turn towards?



Day 5 Living life to the full

Reflection

*What does it mean to you to live life to the full?
Perhaps it is growing into the people we are supposed to be,
reaching our full potential and purpose. How do we do that?
Flowers grow and reach their full potential
by providing food for insects and decorating the earth.
God created them for that purpose.
God created you for a purpose too.
Jesus lived His life to the full because He carried out the purpose God sent Him to do.
What purpose does God have for you?*



Day 6 Prayer

Reflection

*What comes to mind when you think of prayer?
It can sometimes feel like prayer is a job on the list of things to do each day.
Or perhaps prayer is something we do only in a time of desperation.
Simply put, prayer is acknowledging that God is with you in all that you are doing.
Prayer may be loud and busy, full of activity.
Or prayer may be still, quiet and contemplative.
There's a time to speak in prayer and a time to listen.
And there is also a time to simply rest in God's presence.
We can make our lives a prayer by acknowledging God in all we do.
What does prayer mean to you?*



Day 7 Holy Spirit

Reflection

*The way the Holy Spirit works is sometimes described as being like the wind.
The wind moves amongst and around us. We can't see it but we can feel it.
It has power and leaves nothing untouched.
The Holy Spirit has power and helps us to know God,
uniting us with God and helping us to become more like Jesus.
As we pray, we sense the Holy Spirit is moving and
affecting the things around us and within us.
The gift of the Holy Spirit is ours if we follow Jesus
and invite him into our lives.*



Day 8 Love is a person

Reflection from Thoughts to make your heart sing by Sally Lloyd Jones

*What is love? Is it a feeling in your heart?
The bible says Love is much more: it is patient and kind,
never bears a grudge, doesn't demand its own way,
always wants the best for someone else, never puts itself first,
never gets jealous, isn't proud, doesn't boast,
isn't rude, always hopes, never stops.
Oh dear, that's quite a list. Who can love like that?
Only one.
He left his father and his throne and came to live with us.
And showed us what love was really like.
Because you see, Love isn't mostly a list.
It's a person. It's Jesus. It's God.*



Day 9 Daily bread

Reflection

What things do you need each day?

Do you have a rhythm you keep to, or are you more spontaneous?

Do you need contact with family or friends?

Do you need exercise or a hug from a loved one?

God knows what we need more than we do and He can provide it.

The prayer that Jesus taught His disciples to pray contains the line

'Give us this day, our daily bread.'

Ask God for your 'daily bread', for those things you really need today.



Day 10 Silence

Reflection

Can you be silent for a few moments and take in all that is around you?

What can you hear? What can you see? How do you feel?

It's good to take time every day to be still and silent

and to contemplate all that is going on in your life

and in the lives of others.

Being silent allows a deeper connection

with our environment and with those around us.

Being silent with God allows a deeper connection to Him.

Be silent right now, for as long as you can manage.

What do you notice? What do you become aware of? How do you feel?



Day 11 Pentecost

Reflection

A fire touches everything in its path. It is powerful and provides light and heat.

On the day of Pentecost, the gift of the Holy Spirit was given to the followers of Jesus.

And he was described as something like fire.

All the followers of Jesus were touched by him.

All the followers of Jesus could feel his goodness and power.

The Holy Spirit is a helper, a comforter and a guide to all who follow Jesus.

The Holy Spirit helps us to know God, uniting us with Him and helping us to become more like Jesus.

Do you know the Holy Spirit? Would you like his presence in your life?

