



Happy New Year!

We hope you all had a good break over Christmas and the New Year.

We ended 2020 feeling optimistic about the New Year and the plans for the Bower House but as you know within a short time we complied with Government guidelines to close the service for face to face work once again.

The Bower House however remains open throughout the week for phone calls, for IA's, for remote supervision, our waiting list remains open and four more counsellors have trained and moved their practice on-line. We, Trish and Philippa, are in the house throughout the week keeping the wheels turning and Andrea remains on furlough.

### **Remote counselling**

Although we are closed for face to face counselling work, we are committed to offering remote counselling to clients. Therefore, if you are able to offer remote counselling via Zoom, WhatsApp or by phone, please be in contact with us so that we can add you to the availability list, as we have clients waiting for counsellors. Please just ensure that you have sent you ICO and insurance certificates for Trish or Philippa and evidence of your remote counselling CPD training.

### **Support Workers**

We have said this before but feel we need to say this again. Many thanks for enabling us to re-open after lockdown 1. We resumed our face to face work because of the commitment of the support worker team, the house remained safe and purposeful.

### **AGM**

This is an important date in the Bower House calendar and is usually held every July. This year the AGM will be held via zoom. If you would like to attend please phone the Bower House and leave a message stating that you would like to receive a link for zoom. The date remains **Thursday 28<sup>th</sup> January at 3pm**. Please notify us of this request by Monday 25<sup>th</sup> January if possible.

The AGM will also formally say thank you to Mike who was Bower House treasurer for twenty years. While normally the thanks would have been more celebratory and would certainly have involved the serving of food we can at least acknowledge the work, diligence and commitment shown by Mike since the Bower House began. We will also acknowledge the closing of Bower House Support Services after many years of vision and energy in delivering training within the profession of an excellent standard.

With Best Wishes from

Trish, Philippa